



Assessment instruments – transversal competences

Self-evaluation transversal competences

Personal competences

Students name:

Date of internship:

Ability to reach the own goals in a different cultural surrounding

Based on EU - KOMPASS – project

	Ability to act in a larger context				Ability to realize one's own initiative and goal				Ability to comply with limits and defend others			
	I can sense cultural and social conditions and compare them with my own experiences.				I can organize my own day and budget, keep appointments, comply with agreements				I can estimate my own strengths and weaknesses in other social and cultural surroundings in a realistic way.			
please tick	++	+	+ -	-	++	+	+ -	-	++	+	+ -	-
	I can comply with set rules and directives while working on tasks.				I can independently carry out complex tasks (e.g. doctor's visit, authorities, bank businesses, rental matters).				I can respect different behavioral patterns and work procedures.			
please tick	++	+	+ -	-	++	+	+ -	-	++	+	+ -	-
	I can use gathered knowledge of cultural and social conditions for solving problems and setting tasks.				I can take the initiative; react flexibly to unforeseeable situations and evaluate options for action.				I can align and use my strengths and weaknesses in a new surrounding in a variable way.			
please tick	++	+	+ -	-	++	+	+ -	-	++	+	+ -	-





	Ability to act in a larger context				Ability to realize one's own initiative and goal				Ability to comply with limits and defend others			
	I am interested in the proposed duties and activities, asking for details, making inquiries and proposing new ideas to improve them.				I am able to search and collect information about personal and professional areas of interest and to apply them properly				I can defend my positions, accept other opinions, adequately react in conflict situations and make compromises.			
please tick	++	+	+ -	-	++	+	+ -	-	++	+	+ -	-
	I can recognize where work has to be done.				I am able to fulfill tasks within set time frames.							
please tick	++	+	+ -	-	++	+	+ -	-	++	+	+ -	-

